

LES POZZIS (4.5 to 5 hours)

My favourite hike, fairly easy. Please check the weather in

Val d'Eze before setting off (important) because if there's a storm, don't go under any circumstances!

You need to set off from the Val d'Eze resort, which you'll reach by leaving h from the house to arrive there at 08:10.

You'll pass through a gate on foot (open it if it's closed) to start the hike, heading off to the right (don't follow the ski lifts on your left)

You'll walk for about 2 hours, but it's a gentle stroll to a sheepfold, which you'll go round by heading left. A little further on, you'll come across Les Pozzi. Feel free to fill your water bottles with the fresh water flowing there.

Take off your shoes and enjoy!

To set off again, walk a little further and join the path on the left, which climbs very steeply for 20–25 minutes (this is where some people might lose their nerve, but there's no choice). You'll then reach the top of the mountain with a stunning view in front of you (a 20-degree incline guaranteed). The return path is on your left, leading back down to the ski lifts at the end. The return journey takes about 45 to 60 minutes, so it's shorter but steeper.

You can grab a bite to eat on arrival before heading back, arriving home around 13:00, or have lunch there.

Route from the house to Val d'Eze via the QR code

